



## SW Coaching and Mentoring Pool: Group Supervision

### Date:

Mar 21, 2019

### Venue:

Phone

1 hour sessions from:  
0800, 1200 and 1800

### Description:

Our aim at South West Councils is to support the region in creating a coaching culture that helps individuals realise their potential and organisations achieve outstanding results.

The South West Coaching Pool has established a growing network of coaches and, through collaboration, will maximise the sharing of coaching resources across organisations through a shared service, shared cost approach.

This Group Supervision session aims to support coaches keen to maintain and improve the quality of their coaching.

### Content:

Members of South West Coaching and Mentoring Pool benefit from the corporate membership to the Association for Coaching, which provides a Group Supervision service on the third Thursday of every month. The calls are held via video link or low-cost teleconference line and are facilitated by experienced AC Coaches who donate an hour of their time to support fellow members. The calls last up to one hour with a maximum of five participants.

The Group Supervision calls are designed to offer members an experience of supervision. Through attending a call members have:

- The opportunity to experience supervision
- Access to the benefits of supervision in a group setting
- An opportunity to connect with other AC members
- A setting in which client work and ethical issues can be explored
- The chance to work with a highly experienced call host

Participation in these calls counts towards your annual Continuous Professional Development. They are designed as a supervision taster and are not intended to replace full professional supervision.

The theme for the 18:00 call only, will be:

### DEALING WITH HEALTH ISSUES IN COACHING

The topic of health and healing is becoming an important specialism for many coaches, although for all coaches we occasionally need to manage a health issue as part and parcel of any kind of coaching work.

Where a client's health is adversely affecting their ability to meet their goals, how do we address it? What options do we have and what are the danger signs to watch for? This supervision session invites you to bring any client case story, question or dilemma where health (or lack of it) is a key factor. This could include questions and issues involving mental health, as well as any concerns or questions you have regarding your own health and how it may be affecting your ability to coach.

Places on Group Supervision calls must be booked in advance, please [email](#)

### TRAINING DETAILS

#### Course Ref:

CP/19/976

#### Closing Date:

01/03/2019

#### Related Courses:

- [Coaching](#) Level 3 Award
- [Mentoring](#) Level 3 Award
- [Coaching & Mentoring](#) Level 5 Certificate
- [Executive Coaching & Mentoring](#) Level 7 Certificate
- [Coaching Supervision](#) Level 7 Certificate
- [Introduction to Coaching](#)
- [Introduction to Team Coaching](#)
- [Coaching Pool - Conference](#)
- [Coaching Pool - CPD Event](#)

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- Coaches who have membership of the Association for Coaching through their Pool membership can access free.

