



# Personal Development

## Coaching & Mentoring (ILM Level 5 Certificate)

### Dates:

From Apr 29, 2019 to Sep 03 2019

### Course Duration:

4 days attendance + 2 professional practice sets + preparation towards the assessed assignments

### Venue:

Dennett House, 11 Middle Street, Taunton, Somerset, Somerset, TA1 1SH - this course can also be delivered on an in-house basis

### Description:

A four-day workshop for anyone with line management and team responsibilities. The programme includes an induction webinar, a pre-attendance self-assessment activity, 2 additional research activities, 4 days of interactive theory and practice-based learning, 2 professional practice sets and assignment tutorials. You will also be provided with a course text book and access to a toolkit of coaching/mentoring resources authored by Prof D Clutterbuck

Day 1	29 April 19	9.30 – 16.30
Day 2	30 April 19	9.30 – 16.30
Professional Practice Set	23 May 19	10.00 – 12.00
Assignment Tutorial	23 May 19	12.00 – 13.00
Day 3	04 June 19	9.30 – 16.30
Day 4	02 July 19	9.30 – 16.30
Professional Practice Set	03 Sept 19	10.00 – 12.00
Assignment Tutorial	03 Sept 19	12.00 – 13.00
Assignment Submission	28 Oct 19	

**Please note:** this is not a residential course and accommodation is not included

### Aim:

A qualification programme designed to provide practising managers with the knowledge, skills and confidence to perform effectively as coaches or mentors and for those seeking to move into a development role within their organisations.

Supervision is an essential part of the ILM qualification and each participant is allocated 3 hours with a Supervisor to be used proactively and periodically in line with individual needs and in agreement with the Supervisor. Supervision can take the form of one to one meetings (if you travel to your Supervisor), telephone conversations, email or Skype interaction. You need to demonstrate in your assignments that this has been completed and be able to meet the assessment criteria relating to supervision.

### TRAINING DETAILS

#### Course Ref:

CP/19/761

#### Closing Date:

18/03/2019

#### Course Administrator:

training@swcouncils.gov.uk or call 01823 270101

#### Related Courses:

- [Mentoring](#) Level 3 Award
- [Coaching](#) Level 3 Award
- [Coaching & Mentoring](#) Level 5 Certificate
- [Executive Coaching & Mentoring](#) Level 7 Certificate
- [Coaching Supervision](#) Level 7 Certificate
- [Introduction to Coaching](#)
- [Coaching Pool - Conference](#)
- [Coaching Pool – Supervision Session](#)
- [Coaching Pool – CPD Event](#)

*"Very enjoyable, personally rewarding and motivating course"*

*"The training, had a brilliant mix of theory and practice in a safe, relaxed environment"*

*"The knowledge, experience and skill of the two tutors was exceptional, they made the days fun, practical and valuable"*

#### Coaching Pool Member:

£1295

#### SW Councils

**Member:** £1495

**Non-Member:**

£1895

(All prices subject to VAT. )

"This programme is useful not only for coaches, but in everyday working life"

#### Previous Skills / Knowledge required:

Priority will be given to bookings from South West Coaching Pool participants

**Content:**

1. **Principles of Coaching**
  2. **Coaching in Practice**
  3. **Review & Reflection**
  4. **Organisational Context**
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## How is it assessed?

There are two assignments:

**Assignment 1** is a written submission that focuses on the coaching role and the impact that coaching can have on individuals, teams and organisations

**Assignment 2** is a record of 12 hours of coaching practice you have undertaken during the programme and a personal reflection on your performance as a coach, focusing on your strengths, areas for development

